

A Convenience Packed Medical Food & Drug

# Gabazolpidem-5™



- ▶ GABAdone™ 60 Capsules
- ▶ Zolpidem 5 mg 30 Tablets

No Refills Without  
Physician Authorization

Rx Only  
NDC# 68405-8044-26  
of this co-pack

## Gabazolpidem-5™ Convenience Pack

### **Zolpidem - Why is this medication prescribed?**

Zolpidem is used to treat insomnia. Zolpidem belongs to a class of drugs called imidazopyridines. It acts on the GABA receptors in the brain causing the release of a chemical called GABA (gamma amino butyric acid). GABA is a major inhibitory chemical in the brain involved in inducing sleep and controlling anxiety and seizure activity. It enhances the effects of gamma-aminobutyric acid - GABA in the body. Zolpidem has selectivity in that it has little of the muscle relaxant and anti-seizure effects and more of the sedative effect. Therefore, it is used as a medication for inducing sleep.

### **GABAdone™ - Why is this medication prescribed?**

**GABAdone** is a Medical Food product that provides the amino acids that are precursors to the neurotransmitters that are associated with the induction and maintenance of sleep. This Medical Food stimulates the body to produce the neurotransmitters that induce sleep, promote restorative sleep, and reduce snoring. Patients with sleep disorders frequently have increased nutritional requirements for tryptophan and choline. Patients with sleep disorders frequently show reduced blood levels of serotonin and 5-hydroxytryptophan. Choline deficiency has also been associated with sleep disorders, particularly those associated with sleep apnea syndromes.

**GABAdone** aids in the nutritional management of serotonin, acetylcholine, and GABA requirements in patients with sleep disorders and sleep disorders associated with anxiety.

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