

A Convenience Packed Medical Food & Drug

## **Sentralopram AM-10™**



▶ **Sentra AM™ 60 Capsules**

▶ **Citalopram 10 mg 30 Tablets**

No Refills Without  
Physician Authorization

**Rx Only**  
NDC# 68405-8012-26  
of this co-pack

# **Sentralopram AM-10™**

## **Convenience Pack**

### **Citalopram - Why is this medication prescribed?**

Citalopram is an oral drug that is used for treating depression. It is in a class of drugs known as selective serotonin reuptake inhibitors (SSRIs.) SSRIs work by preventing serotonin, a neurotransmitter from being reabsorbed back into the nerve cells. This helps prolong the mood lightening effect of any released serotonin. In this way, citalopram helps relieve depression. Since reuptake is an important mechanism for removing released neurotransmitters and terminating their actions on adjacent nerves, the reduced reuptake caused by citalopram increases free serotonin that stimulates nerve cells in the brain.

### **Sentra AM™ - Why is this medication prescribed?**

**Sentra AM** is a Medical Food formulated to meet the nutritional requirements of patients with fatigue syndromes and impaired cognition. **Sentra AM** increases and maintains the production of acetylcholine by brain cells and peripheral neurons. **Sentra AM** contains choline and acetylcarnitine as precursors to acetylcholine production. It is well recognized that defects of acetylcholine function are part of a number of disease states including Alzheimer's disease, vascular dementia, chronic fatigue, and memory disorders. Patients with cognitive impairment and fatigue syndromes are known to have increased requirements for choline.

**Sentra AM** aids in the nutritional management of the acetylcholine requirements of patients with cognitive impairment and fatigue syndromes.

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