

A Convenience Packed Medical Food & Drug

# Sentradine



- ▶ **Sentra PM<sup>™</sup> 60 Capsules**
- ▶ **Ranitidine 150 mg 30 Tablets**

No Refills Without  
Physician Authorization

**Rx Only**  
NDC# 68405-8033-26  
of this co-pack

## Sentradine<sup>™</sup> Convenience Pack

### **Ranitidine: Why is this medication prescribed?**

Ranitidine is used to treat ulcers of the stomach and intestines and prevent them from returning after treatment. This medication is also used to treat and prevent certain stomach and throat (esophagus) problems caused by too much stomach acid (e.g., Zollinger-Ellison syndrome, erosive esophagitis) or a backward flow of stomach acid into the esophagus (gastroesophageal reflux disease-GERD). Ranitidine is known as an H2 histamine blocker. It works by reducing the amount of acid in your stomach. This helps heal and prevent ulcers and improves symptoms such as heartburn and stomach pain. Ranitidine has also been used to treat stress ulcer prevention, bleeding from stomach, esophagus or duodenum and stomach ulcer from aspirin or ibuprofen-like drugs

### **Sentra PM<sup>™</sup> : Why is this medication prescribed?**

**Sentra PM** is a Medical Food product that provides the amino acids that are precursors to the neurotransmitters that have been depleted due to certain disease states or as a result of certain drug side effects. This Medical Food stimulates the body to produce the neurotransmitters that induce sleep, promote restorative sleep, and reduce snoring. Patients with sleep disorders frequently experience a nutritional deficiency of tryptophan and choline. Patients with sleep disorders frequently show reduced blood levels of serotonin and 5-hydroxytryptophan. Choline deficiency has also been associated with sleep disorders, particularly those associated with sleep apnea syndromes.

**Sentra PM** aids in the nutritional management of serotonin and acetylcholine production deficiencies in patients with sleep disorders and depression.

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