



## ***Theraprogen-90***<sup>™</sup> Convenience Pack

### **Ibuprofen: Why is this medication prescribed?**

Ibuprofen is a nonsteroidal anti-inflammatory drug (NSAID), which relieves pain and swelling (inflammation). It is used to treat headaches, muscle aches, backaches, dental pain, menstrual cramps, arthritis, or athletic injuries. This medication is also used to reduce fever and to relieve minor aches and pain due to the common cold or flu. This drug works by blocking the enzyme in your body that makes prostaglandins. Decreasing prostaglandins helps to reduce pain, swelling, and fever.

### ***Theramine***<sup>™</sup>: Why is this medication prescribed?

*Theramine*<sup>™</sup> is a Medical Food product designed to aid in the nutritional management of pain syndromes. *Theramine*<sup>™</sup> stimulates production of serotonin, GABA, norepinephrine, nitric oxide and acetylcholine, the neurotransmitters that are involved in pain disorders. If the timing and secretion of these neurotransmitters are effectively modulated, acute and chronic pain disorders are more effectively managed. *Theramine*<sup>™</sup> provides L-arginine at low dose along with choline and L-glutamine to inhibit the NMDA and opioid receptors.

*Theramine*<sup>™</sup> aids in the nutritional management of serotonin, GABA and acetylcholine production deficiencies in patients with pain syndromes

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